



	Never		Rarely		Sometimes		Often		Very often		Always
17. Has eating sweets, cakes, or other high calorie food made you feel fat?	1		2		3		4		5		6
18. Have you not gone out to social occasions (e.g. parties) because you have felt bad about your shape?.....	1		2		3		4		5		6
19. Have you felt excessively large and rounded?.....	1		2		3		4		5		6
20. Have you felt ashamed of your body?.....	1		2		3		4		5		6
21. Has worry about your shape made you diet?.....	1		2		3		4		5		6
22. Have you felt happiest about your shape when your stomach has been empty (e.g. in the morning)?.....	1		2		3		4		5		6
23. Have you thought that you are in the shape you are because you lack self-control?.....	1		2		3		4		5		6
24. Have you worried about other people seeing rolls of fat around your waist or stomach?.....	1		2		3		4		5		6
25. Have you felt that it is not fair that other women are thinner than you?.	1		2		3		4		5		6
26. Have you vomited in order to feel thinner?.....	1		2		3		4		5		6
27. When in company have you worried about taking up too much room (e.g. sitting on a sofa, or a bus seat)?.....	1		2		3		4		5		6
28. Have you worried about your flesh being dimply?.....	1		2		3		4		5		6
29. Has seeing your reflection (e.g. in a mirror or shop window) made you feel bad about your shape?.....	1		2		3		4		5		6
30. Have you pinched areas of your body to see how much fat there is?.....	1		2		3		4		5		6
31. Have you avoided situations where people could see your body (e.g. communal changing rooms or swimming baths)?.....	1		2		3		4		5		6
32. Have you taken laxatives in order to feel thinner?.....	1		2		3		4		5		6
33. Have you been particularly self-conscious about your shape when in the company of other people?.....	1		2		3		4		5		6
34. Has worry about your shape made you feel you ought to exercise?.....	1		2		3		4		5		6