

FEELING AND BEHAVIOURS

This section is concerned with a number of common behaviours and feelings about those behaviours. You may have experienced all, some or none of these behaviours and feelings at sometime. We are interested about how you have been feeling and what you have actually done in the past two months. Read the following statement and answer the questions by ticking the "O" in the column which best applies to you.

In the PAST TWO MONTHS I have sometimes felt increasingly tense and had an almost irresistible urge to do something that I would not normally do. After doing this thing I feel a sense of relief, even though I may feel guilty.

	Never	Occasionally	Sometimes	Often	Very
often	Always				
Have you felt this way about eating a large amount of food in a short period of time (ie. a food binge) in the past two months?.....	O	O	O	O	O
Have you actually binged on food like this in the past two months?.....	O	O	O	O	O
Have you felt this way about drinking alcohol in the past two months?.....	O	O	O	O	O
Have you drunk alcohol in this way in the past two months?.....	O	O	O	O	O
Have you felt this way about shoplifting or stealing something in the past two months?.....	O	O	O	O	O
Have you actually stolen anything in this way in the past two months?.....	O	O	O	O	O
Have you felt this way about gambling money in the past two months?.....	O	O	O	O	O
Have you actually gambled in this way in the past two months?.....	O	O	O	O	O
Have you felt this way about hitting someone or breaking something in the past two months?.....	O	O	O	O	O
Have you actually hit someone or damaged something in this way in the past two months?.....	O	O	O	O	O
Have you felt this way about provoking or getting into an argument or fight in the past two months?.....	O	O	O	O	O
Have you provoked a fight like this in the past two months?.....	O	O	O	O	O
Have you felt this way about setting fire to something in the past two months?.....	O	O	O	O	O
Have you set fire to something like this in the past two months?.....	O	O	O	O	O
Have you felt this way about hurting (eg cutting or burning) yourself in the past two months?.....	O	O	O	O	O
Have you actually damaged yourself like this in the past two months?.....	O	O	O	O	O
Have you ever felt this way about taking an overdose in the past two months?.....	O	O	O	O	O
Have you taken an overdose in this way in the past two months?.....	O	O	O	O	O
Have you felt this way about taking illegal drugs in the past two months?.....	O	O	O	O	O
Have you actually taken drugs in this way in the past two months?.....	O	O	O	O	O
Have you felt this way about having sexual intercourse with anyone in the past two months?.....	O	O	O	O	O
Have you actually had sexual intercourse with someone like this in the past two months?.....	O	O	O	O	O