

# CHRIS EVANS

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GMC#: 2733667 RCPsych#: 7442 HEA fellow#: PR129538

Academic, researcher, psychotherapist and psychiatrist.

## QUALIFICATIONS & EDUCATION

1978	B.A. MEDICAL SCIENCES, CAMBRIDGE; 2:1; Part II: Psychology and Physiology
1981	M.B., B.S. UNIVERSITY OF LONDON
1988	M.R.C.PSYCH., Laughlin Prize for highest mark
1995	Membership Institute of Group Analysis, IGA London
1996	Certificate of Completion of Specialist Training in Psychotherapy
1999	M.Sc., Advanced Family therapy, Tavistock Clinic & University of East London

## EMPLOYMENT

2015 —	Various research consultancies
2017 —	Visiting Professor (Honorary), Psychology Department, University of Sheffield
2020 — 2020	Visiting Professor Université Toulouse Jean-Jaurès (February/March)
2015 — 2017	Part-time visiting posts, University of Roehampton
2014 — 2016	Consultant medical psychotherapist, East London NHS Foundation Trust (.6 WTE)
2006 — 2016	Honorary Professor, Institute of Mental Health, University of Nottingham
2003 — 2014	Consultant Medical Psychotherapist, Nottinghamshire Healthcare NHS Trust
1998 — 2003	Associate Research Director, Tavistock & Portman NHS Trust (part-time)
1999 — 1999	Locum Consultant, Psychotherapy Clinic, Pathfinder Trust (part-time)
1996 — 1998	Locum Consultant, Prudence Skynner Family Therapy Clinic, Pathfinder Trust
1993 — 1998	Senior Lecturer in Psychotherapy, St. George's Hospital Medical School
1993 — 1996	Honorary S.R. in Psychotherapy, SGHMS
1988 — 1993	Clinical Research Fellow: Forensic Psychiatry, SGHMS
1986 — 1988	Clinical Research Fellow: Gen. Psychiatry, SGHMS
1984 — 1986	S.H.O./Registrar rotation in Psychiatry, St. George's
1981 — 1983	House Officer and S.H.O. years in Medicine, University College Hospital

## PRIZES & HONOURS

2009	Honorary Fellowship, UK Council for Psychotherapy
2006	Honorary Membership, British Association of Art Therapists
1988	Laughlin Prize for highest mark in MRCPsych exam

## GRANTS

2017 — 2020	Co-applicant, co-designer & co-supervisor (with Dr. J. Hayes). <i>Developing humanistic psychotherapy for unwelcome experiences of presence</i> . University of Roehampton, <b>fully funded PhD student bursary</b> , awarded to Pablo Sabucedo.
2016 — 2019	Co-applicant, co-designer, lead supervisor. <i>Psychometrics of the YP-CORE in the UK</i> . University of Roehampton, <b>fully funded PhD student bursary</b> held by Emily Blackshaw.

- 2017 — 2018** Co-applicant and co-designer (with Dr. J. Hayes). *A survey of presence in grief* University of Roehampton small grant, **£2,960.**
- 2013 — 2016** Co-applicant. *The clinical and cost effectiveness of lamotrigine for people with borderline personality disorder: Randomised controlled trial (LABILE)* NIHR HTA, **£1,562,429**
- 2010 — 2012** Co-applicant, *Developing an Individualized Patient-Progress System*, Fundação para a Ciência e a Tecnologia (Portugal) **€100,000**
- 2007 — 2008** Co-applicant, *How are Mental Capacity Act “Best Interests” determinations made?*, Nottinghamshire Healthcare NHS Trust **£21,920**
- 2007 — 2007** Co-applicant, *Better outcomes for the most excluded: evidence review of acmn and mapping of existing services*, CSIP scoping survey **£25,068**
- 2004 — 2006** Co-applicant & co-designer. NHS National R&D Programme on Forensic Mental Health *A comparative ethnographic investigation into the culture, organisation, management techniques and environmental features of high-secure mental health units* **£94,789**
- 1998 — 2001** Co-applicant & co-designer. High Security Psychiatric Services Commissioning Board *Evaluation of a national service for patients with severe personality disorder based on the Henderson Hospital model* **£703k**
- 1998 — 1999** Co-applicant & co-designer. Home Office/Victim Support. *Review of services to families bereaved by homicide* **£22k**
- 1995 — 1996** Co-applicant & co-designer. Mental Health Foundation *Development of a core assessment battery for psychotherapy and counselling services* **£34k**
- 1996 — 1997** Co-applicant & co-designer. Mental Health Foundation, same project **£24k**
- 1998 — 1998** Co-applicant & co-designer. Mental Health Foundation, same project **£34k**

## PUBLICATIONS

I have 138 peer-reviewed papers published with two accepted. I have a Scopus h-index of 33. One co-authored book is scheduled for publication in 2020.

1. Paz, C., Evans, C., Valdiviezo-Oña, J., & Osejo-Taco, G. (2020). Acceptability and Psychometric Properties of the Spanish Translation of the Schwartz Outcome Scale-10 (SOS-10-E) Outside the United States: A Replication and Extension in a Latin American Context. *Journal of Personality Assessment*, 1–10. <https://doi.org/10.1080/00223891.2020>.
2. Sabucedo, P. & Evans, C. (accepted 29/6/19) Perceiving those who are gone: Cultural research on post-bereavement perception or hallucination of the deceased. *Transcultural Psychiatry*. 10.1177/1363461520962887.
3. Paz, C., Mascialino, G., & Evans, C. (2020). Exploration of the psychometric properties of the Clinical Outcomes in Routine Evaluation-Outcome Measure in Ecuador. *BMC Psychology*, 8(1), 94–105. <https://doi.org/10.1186/s40359-020-00443-z>.
4. Paz, C., Mascialino, G., Proaño, K., & Evans, C. (2020). Psychological intervention change measurement in Latin America: Where from? Where to? *Psychotherapy Research*, 1–10. <https://doi.org/10.1080/10503307.2020.1750728>.
5. Evans, C., Sabucedo, P., & Paz, C. (2020). Supporting practice based evidence in the COVID-19 crisis: Three researcher-practitioners’ stories. *Counselling Psychology Quarterly*, 1–9. <https://doi.org/10.1080/09515070.2020.1779661>
6. Sabucedo, P., Evans, C., Gaitanidis, A., & Hayes, J. (2020). When experiences of presence go awry: A survey on psychotherapy practice with the ambivalent-to-distressing ‘hallucination’ of the deceased. *Psychology and Psychotherapy: Theory, Research and Practice*, papt.12285. <https://doi.org/10.1111/papt.12285>
7. Honkalampi, K., Flink, N., Sinikallio, S., Seilo, N., Karkkola, P., & Evans, C. (2020). The psychometric exploration of the Finnish CORE-10 in a university student sample. *Psykologia*, 54, 274–287.

8. Paz, C., Adana-Díaz, L., & Evans, C. (2020). Clients with different problems are different and questionnaires are not blood tests: A template analysis of psychiatric and psychotherapy clients' experiences of the CORE-OM. *Counselling and Psychotherapy Research*. <https://doi.org/10.1002/capr.12290>.
9. Paz, C., & Evans, C. (2019). The Clinical Outcomes in Routine Evaluation-Outcome Measure: A useful option for routine outcome monitoring in Latin America. *Revista Brasileira de Psicodrama*, 27(2), 226–230. <https://doi.org/10.15329/2318-0498.20190024>.
10. Zhang, Y., Hu, J., Evans, C., Jin, L. W., Wu, M. Y., Wang, C. Y., ... Chen, G. P. (2019). Psychometric properties of the Chinese version of the clinical outcomes in routine evaluation-outcome measure (CORE-OM) *British Journal of Guidance and Counselling*. <https://doi.org/10.1080/03069885.2019.1682120>.
11. Napoleone, E., Evans, C., Patalay, P., Edbrooke-Childs, J. & Wolpert, M. (2019) Trajectories of change of youth depressive symptoms in routine care: shape, predictors, and service-use implications. *European Child & Adolescent Psychiatry*. 28(11):1127-1136. <https://doi.org/10.1007/s00787-019-01317-5>.
12. Di Malta, G., Evans, C., & Cooper, M. (2019). Development and validation of the relational depth frequency scale. *Psychotherapy Research*, 1–15. <https://doi.org/10.1080/10503307.2019.1585590>
13. Barrowcliff, A. L., Oathamshaw, S. C., & Evans, C. (2018). Psychometric properties of the CORE-LD30. *Journal of Intellectual Disability Research*. <https://doi.org/10.1111/jir.12551>.
14. Blackshaw, E., Evans, C, & Cooper, M. (2018) When Life gets in the Way: A systematic review of the assessment of life events in change over the course of counselling and psychotherapy for depression and anxiety in children and adolescents. *Counselling and Psychotherapy Research*, 18(2):143-153. <https://doi.org/10.1002/capr.12156>
15. Hall, D A., Zaragoza Domingo, S., Hamdache, L.V., Manchaiah, V., Thammaiah, S., Evans, C., Lena L. N. Wong, L.L.N. and on behalf of the International Collegium of Rehabilitative Audiology and TINnitus Research NETwork. (2017). A Good Practice Guide for Translating and Adapting Hearing-Related Questionnaires for Different Languages and Cultures. *International Journal of Audiology*, November, 57(3):161–175. <https://doi.org/10.1080/14992027.2017.1393565>.
16. Honkalampi, K., Aarno Laitila, A., Juntunen, H., Lehmus, K., Piiparinen, A., Törmänen, L., Inkinen, M. & Evans, C. (2017). The Finnish Clinical Outcome in Routine Evaluation Outcome Measure: Psychometric Exploration in Clinical and Non-Clinical Samples. *Nordic Journal of Psychiatry*, 71(8):589-597. <https://doi.org/10.1080/08039488.2017.1365378>.
17. Gergov, V., Lahti, J., Marttunen, M., Lipsanen, J., Evans, C., Ranta, K., ... Lindberg, N. (2017). Psychometric properties of the Finnish version of the Young Person's Clinical Outcomes in Routine Evaluation (YP-CORE) questionnaire. *Nordic Journal of Psychiatry*, 71(4), 250–255. <https://doi.org/10.1080/08039488.2016.1270352>
18. Twigg, E., Cooper, M., Evans, C., Freire, E. S., Mellor-Clark, J., McInnes, B., & Barkham, M. (2016). Acceptability, reliability, referential distributions, and sensitivity to change of the YP-CORE outcome measure: Replication and refinement. *Child and Adolescent Mental Health*, 21(2), 115–123. <https://doi.org/10.1111/camh.12128>
19. Rabung, S., Wieser, M., Thomas, A., Testoni, I., & Evans, C. (2016). Psychometric evaluation of the German version of the revised spontaneity assessment inventory (SAI-R). *Zeitschrift Für Psychodrama Und Soziometrie*, 15(S1), 25–39. <https://doi.org/10.1007/s11620-015-0313-x>
20. Feixas, G., Trujillo, A., Bados, A., Garcia-Grau, E., Salla, M., Medina, J. C., ... Evans, C. (2016). Psychometric properties of the Spanish version of the Clinical Outcomes in Routine Evaluation-Outcome Measure. *Neuropsychiatric Disease and Treatment*, 12, 1457–1466. <https://doi.org/10.2147/NDT.S103079>

21. Santana, M. R. M., da Silva, M. M., de Moraes, D. S., Fukuda, C. C., Freitas, L. H., Ramos, M. E. C., ... Evans, C. (2015). Brazilian Portuguese version of the CORE-OM: cross-cultural adaptation of an instrument to assess the efficacy and effectiveness of psychotherapy. *Trends in Psychiatry and Psychotherapy*, 37(4), 227–231. <https://doi.org/10.1590/2237-6089-2015-0002>
22. Kristjánssdóttir, H., Sigursson, B. H., Salkovskis, P., Ólason, D., Sigurdsson, E., Evans, C., ... Sigursson, J. F. (2015). Evaluation of the Psychometric Properties of the Icelandic Version of the Clinical Outcomes in Routine Evaluation-Outcome Measure, its Transdiagnostic Utility and Cross-Cultural Validation. *Clinical Psychology and Psychotherapy*, 22(1), 64–74. <https://doi.org/10.1002/cpp.1874>
23. Konstantinidou, H., & Evans, C. (2015). Pharmacotherapy and psychotherapy: the challenges of integrating two paradigms. *Psychoanalytic Psychotherapy*, 29(4), 1–20. <https://doi.org/10.1080/02668734.2015.1051096>
24. Jokić-Begić, N., Korajlija, A. L., Jurin, T., & Evans, C. (2014). Faktorska struktura, psihometrijske karakteristike i kritična vrijednost hrvatskoga prijevoda CORE-OM [Factor Structure, Psychometric Properties and Cut-off scores of the Croatian version of the Clinical Outcomes in Routines Evaluation – Outcome Measure (CORE-OM)]. *Psihologijske Teme*, 23(2), 265–288.
25. Martean, L., & Evans, C. (2014). Prescribing for personality disorder: qualitative study of interviews with general and forensic consultant psychiatrists. *Psychiatric Bulletin*, 38(3), 116–121. <https://doi.org/10.1192/pb.bp.113.044081>
26. Huet, V., Springham, N., & Evans, C. (2014). The Art Therapy Practice Research Network: hurdles, pitfalls and achievements. *Counselling and Psychotherapy Research*, 14(3), 174–180. <https://doi.org/10.1080/14733145.2014.929416>
27. Sales, C., Alves, P., Evans, C., & Elliott, R. (2014). The Individualized Patient Progress System (IPPS): a decade of international collaborative networking. *Counselling and Psychotherapy Research*, 13(3), 181–191. <https://doi.org/10.1080/14733145.2014.929417>
28. Stratton, P., Lask, J., Bland, J., Nowotny, E., Evans, C., Singh, R., ... Peppiatt, A. (2013). Detecting therapeutic improvement early in therapy: validation of the SCORE-15 index of family functioning and change: Validation of the SCORE-15 index. *Journal of Family Therapy*, 36(1), 3–19. <https://doi.org/10.1111/1467-6427.12022>
29. Bracken, P., Thomas, P., Timimi, S., Asen, E., Behr, G., Beuster, C., ... Yeomans, D. (2013). La Psiquiatría mas alla del paradigma actual [Psychiatry beyond the current paradigm]. *Acta Psiquiátrica y Psicológica de América Latina*, 59(3), 186–195.
30. Feixas, G., Evans, C., Trujillo, A., Ángel Saúl, L., Botella, L., Corbella, S., ... López-González, M. A. (2013). La versión Española del CORE-OM: Clinical Outcomes in Routine Evaluation - Outcome Measure. *Revista de Psicoterapia*, 23(89), 109–135.
31. Rogers, K. D., Young, A., Lovell, K., & Evans, C. (2013). The Challenges of Translating the Clinical Outcomes in Routine Evaluation-Outcome Measure (CORE-OM) Into British Sign Language. *Journal of Deaf Studies and Deaf Education*, 18(3), 287–298. <https://doi.org/10.1093/deafed/ent002>
32. Perry, T., Barkham, M., & Evans, C. (2013). The CORE-OM and CORE-OM (SV) in secure settings: a template analysis of the experiences of male patients and their staff. *British Journal of Forensic Practice*, 15(1), 32–43. <https://doi.org/10.1108/14636641311299068>
33. Skre, Ingunn, Friborg, Oddgeir, Elgarøy, Sigmund, Evans, Chris, Myklebust, Lars Henrik, Lillevoll, Kjersti, ... Hansen, Vidje. (2013). The factor structure and psychometric properties of the Clinical Outcomes in Routine Evaluation – Outcome Measure (CORE-OM) in Norwegian clinical and non-clinical samples. *BMC Psychiatry*, 13, 99–113. <https://doi.org/10.1186/1471-244X-13-99>
34. Rogers, K., Evans, C., Campbell, M., Young, A., & Lovell, K. (2013). The reliability of British Sign Language and English versions of the Clinical Outcomes in Routine Evaluation -

- Outcome Measure with d/Deaf populations in the UK: an initial study. *Health & Social Care in the Community*, 22(3), 278–289. <https://doi.org/10.1111/hsc.12078>
35. Elfström, M. L., Evans, C., Lundgren, J., Johansson, B., Hakeberg, M., & Carlsson, S. G. (2013). Validation of the Swedish version of the Clinical Outcomes in Routine Evaluation Outcome Measure (CORE-OM). *Clinical Psychology & Psychotherapy*, 20(5), 447–455. <https://doi.org/10.1002/cpp.1788>
  36. Testoni, I., Armenti, A., Ronconi, L., Wieser, M., Zamperini, A., Verdi, S., & Evans, C. (2013). Violência de gênero. Testando um modelo: espontaneidade, bemestar psicológico e depressão {article in English in Brazilian journal, English title: Gender Violence. Testing a model of assumptions: spontaneity, psychological well-being and depression}. *Revista Brasileira de Psicodrama*, 21(1), 94–110.
  37. Evans, C. (2012a). Cautionary notes on power steering for psychotherapy. *Canadian Psychology/Psychologie Canadienne*, 53(2), 131–139. <https://doi.org/10.1037/a0027951>
  38. Shepherd, M., Evans, C., Cobb, S., & Ghossain, D. (2012). Does therapy make things worse?: Investigating episodes of psychological therapy where clients' scores showed reliable deterioration. *Clinical Psychology Forum*, 233, 8–12.
  39. Huband, N., Evans, C., Duggan, C., & Khan, O. (2012). Personality Disorder Traits and Self-Reported Target Problems in a Treatment-Seeking Sample. *Clinical Psychology & Psychotherapy*, 21(2), 132–139. <https://doi.org/10.1002/cpp.1825>
  40. Bracken, P., Thomas, P., Timimi, S., Asen, E., Behr, G., Beuster, C., ... Yeomans, D. (2012). Psychiatry beyond the current paradigm. *The British Journal of Psychiatry*, 201(6), 430–434. <https://doi.org/10.1192/bjp.bp.112.109447>
  41. Kelly, V., Holttum, S., Evans, C., & Shepherd, M. (2012). Social constructions of PSYCHLOPS (psychological outcome profiles) in the context of CBT for psychosis. *Counselling and Psychotherapy Research*, 12(4), 1–10. <https://doi.org/10.1080/14733145.2012.672439>
  42. Barkham, M., Bewick, B., Mullin, T., Gilbody, S., Connell, J., Cahill, J., ... Evans, C. (2012). The CORE-10: A short measure of psychological distress for routine use in the psychological therapies. *Counselling and Psychotherapy Research*, 1–11. <https://doi.org/10.1080/14733145.2012.729069>
  43. Evans, C. (2012b). The CORE-OM (Clinical Outcomes in Routine Evaluation) and its derivatives. *Integrating Science and Practice*, 2(2). Retrieved from [http://www.ordrepsy.qc.ca/pdf/2012\\_11\\_01\\_Integrating\\_SandP\\_Dossier\\_02\\_Evans\\_En.pdf](http://www.ordrepsy.qc.ca/pdf/2012_11_01_Integrating_SandP_Dossier_02_Evans_En.pdf)
  44. Viliūnienė, R., Evans, C., Hilbig, J., Pakalniškienė, V., Danilevičiūtė, V., Laurinaitis, E., & Navickas, A. (2012). Translating the Clinical Outcomes in Routine Evaluation Outcome Measure (CORE-OM) into Lithuanian. *Nordic Journal of Psychiatry*, 67(5), 305–311. <https://doi.org/10.3109/08039488.2012.745599>
  45. Sales, Celia, Moleiro, Carla, Evans, Chris, & Alves, Paula. (2012). Versão Portuguesa do CORE-OM: Tradução, adaptação e estudo preliminar das suas propriedades psicométricas (The Portuguese version of CORE-OM: Translation, adaptation and preliminary data on its psychometric properties). *Interface*, 39(2), 54–59.
  46. Evans, C., Ashworth, M., & Peters, M. (2010). Are problems prevalent and stable in non-clinical populations? Problems and test-retest stability of a patient-generated measure, 'PSYCHLOPS' (Psychological Outcome Profiles), in a non-clinical student sample. *British Journal of Guidance & Counselling*, 38(4), 431–439. <https://doi.org/10.1080/03069885.2010.503701>
  47. Evans, C. (2010a). Death, taxes, certainties, groups and communities; or NICE and the deathly hallows. *Therapeutic Communities*, 31, 321–327.
  48. Baker-Glenn, E. A., Steels, M., & Evans, C. (2010). The use of psychotropic medication in patients attending psychiatric outpatient services with a primary diagnosis of personality disorder. *The Psychiatrist*, 34, 83–86. <https://doi.org/10.1192/pb.bp.108.021758>

49. Turton, P., Hughes, P., & Evans, C. (2009). Long-term psychosocial sequelae of stillbirth: phase II of a nested case-control cohort study. *Archives of Women's Mental Health*, 12, 35–41. <https://doi.org/10.1007/s00737-008-0040-7>
50. Ashworth, M., Evans, C., & Clement, S. (2009). Measuring psychological outcomes after cognitive behaviour therapy in primary care: a comparison between a new patient-generated measure 'PSYCHLOPS' (Psychological Outcome Profiles) and 'HADS' (Hospital Anxiety and Depression Scale). *Journal of Mental Health*, 18, 169–177. <https://doi.org/10.1080/09638230701879144>
51. Mace, C., Rowland, N., Evans, C., Schroder, T., & Halstead, J. (2009). Psychotherapy professionals in the UK: Expansion and experiment. *European Journal of Psychotherapy & Counselling*, 11, 131–140. <https://doi.org/10.1080/13642530902927337>
52. Evans, C. (2009). Review: interpersonal psychotherapy is slightly better and supportive therapy is worse than other therapies for depression. *Evidence Based Mental Health*, 14, 116.
53. McPherson, S., Evans, C., & Richardson, P. (2009). The NICE Depression Guidelines and the recovery model: is there an evidence base for IAPT? *Journal of Mental Health*, 18, 405–414. <https://doi.org/10.3109/09638230902968258>
54. Newns, K., Evans, C., & Coker, S. (2009). The rise of cyber-research: nearing the end for pencil-and-paper sampling? *Clinical Psychology Forum*, 193, 25–28.
55. Palmieri, G., Evans, C., Hansen, V., Brancaloni, G., Ferrari, S., Porcelli, P., ... Rigatelli, M. (2009). Validation of the Italian version of the clinical outcomes in routine evaluation outcome measure (CORE-OM). *Clinical Psychology and Psychotherapy*, 16, 444–449. <https://doi.org/10.1002/cpp.646>
56. Palmieri, G., Margison, F., Guthrie, E., Moorey, J., Hardy, G., Evans, C., ... Rigatelli, M. (2007). A preliminary study of a measure of role-play competence in Psychodynamic Interpersonal Therapy. *Psychology and Psychotherapy: Theory, Research and Practice*, 80(2), 327–331. <https://doi.org/10.1348/147608306X117600>
57. Richardson, P., Jones, K., Evans, C., Stevens, P., & Rowe, A. (2007). An exploratory randomised trial of group based art therapy as an adjunctive treatment in severe mental illness. *Journal of Mental Health*, 16, 483–491.
58. Shepherd, M., Evans, C., Ashworth, M., Nairne, K., & Robinson, S. I. (2007). Making CORE-OM data work for you and your service: a primary care psychology and counselling team's experience of routine outcome measurement. *Clinical Psychology Forum*, 174, 31–34.
59. Gampe, K., Bieščad, M., Balúnová-Labaničová, L., Timul'ák, L., & Evans, C. (2007). Slovak adaptation of CORE-OM (Clinical Outcomes in Routine Evaluation - Outcome Measure). *Ceska a Slovenska Psychiatrie*, 103(1), 4–13.
60. Huband, N., Duggan, C., McMurrin, M., & Evans, C. (2007). Social problem-solving plus psychoeducation for adults with personality disorder: a pragmatic randomised controlled trial. *British Journal of Psychiatry*, 190, 307–313.
61. Ashworth, M., Robinson, S. I., Evans, C., Shepherd, M., Conolly, A., & Rowlands, G. (2007). What does an idiographic measure (PSYCHLOPS) tell us about the spectrum of psychological issues and scores on a nomothetic measure (CORE-OM)? *Primary Care and Community Psychiatry*, 12, 7–16. <https://doi.org/10.1080/17468840701560805>
62. Cahill, J., Barkham, M., Stiles, W. B., Twigg, E., Hardy, G. E., Rees, A., & Evans, C. (2006). Convergent validity of the CORE Measures with measures of depression for clients in cognitive therapy for depression. *Journal of Counseling Psychology*, 53, 253–259.
63. Lyne, K. D., Barrett, P., Evans, C., & Barkham, M. (2006). Dimensions of variation on the CORE-OM. *British Journal of Clinical Psychology*, 45, 185–203.
64. Barkham, M., Connell, J., Miles, J. N. V., Evans, C., Stiles, W. B., Margison, F., & Mellor-Clark, J. (2006). Dose-effect relations and responsive regulation of treatment duration: The good enough level. *Journal of Consulting and Clinical Psychology*, 74(1), 160–167.

65. Warren, F., Zaman, S., Dolan, B., Norton, K., & Evans, C. (2006). Eating disturbance and severe personality disorder: outcome of specialist treatment for severe personality disorder. *European Eating Disorders Review*, 14, 69–78.
66. Freestone, M., Lees, J., Evans, C., & Manning, N. (2006). Histories of trauma in client members of therapeutic communities. *Therapeutic Communities*, 27, 387–409.
67. Robinson, S. I., Ashworth, M., Shepherd, M., & Evans, C. (2006). In their own words: a narrative-based classification of clients' problems on an idiographic outcome measure for talking therapy in primary care. *Primary Care Mental Health*, 4, 165–174.
68. Palmieri, G., Evans, C., Freni, S., Bajoni, A., Chicherio, M., Ferrari, S., ... Reitano, F. (2006). La valutazione routinaria degli esiti della psicoterapia: traduzione e validazione preliminare del sistema CORE (Clinical outcome for routine evaluation). *Nuove Tendenze Della Psicologia*, 4, 371–386.
69. Lees, J., Evans, C., Freestone, M., & Manning, N. (2006). Who comes into therapeutic communities? A description of the characteristics of a sequential sample of client members admitted to 17 therapeutic communities. *Therapeutic Communities*, 27, 411–433.
70. Lees, J., Evans, C., & Manning, N. (2005). A cross-sectional snapshot of therapeutic community client members. *Therapeutic Communities*, 26, 295–314.
71. Milton, J., McCartney, M., Duggan, C., Evans, C., Collins, M., McCarthy, L., & Larkin, E. (2005). Beauty in the Eye of the Beholder? How high security hospital psychopathically-disordered patients rate their own interpersonal behaviour. *Journal of Forensic Psychiatry and Psychology*, 16, 552–565.
72. Carlyle, J., & Evans, C. (2005). Containing containers: attention to the 'innerface' and 'outerface' of groups in secure institutions. *Group Analysis*, 38, 395–408.
73. Ashworth, M., Robinson, S. I., Godfrey, E., Shepherd, M., Evans, C., Seed, P., ... Tylee, A. (2005). Measuring mental health outcomes in primary care: the psychometric properties of a new patient-generated outcome measure, 'PSYCHLOPS' ('Psychological Outcome Profiles'). *Primary Care Mental Health*, 3, 261–270.
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<https://doi.org/10.1037/0022-006X.73.5.904>
75. Sinclair, A., Barkham, M., Evans, C., Connell, J., & Audin, K. (2005). Rationale and development of a general population well-being measure: Psychometric status of the GP-CORE in a student sample. *British Journal of Guidance and Counselling*, 33(2), 153–173.  
<https://doi.org/10.1080/03069880500132581>
76. Shepherd, M., Ashworth, M., Evans, C., Robinson, S. I., Randall, M., & Ward, S. (2005). What factors are associated with improvement after brief psychological interventions in primary care? Issues arising from using routine outcome measurement to inform clinical practice. *Counselling and Psychotherapy Research*, 5, 273–280.
77. Warren, F., Evans, C., Dolan, B., & Norton, K. (2004). Impulsivity and self-damaging behaviour in severe personality disorder: the impact of democratic therapeutic community treatment. *Therapeutic Communities: International Journal for Therapeutic & Supportive Organizations*, 25, 55–71.
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79. Birtchnell, J., & Evans, C. (2004). The Person's Relating to Others Questionnaire (PROQ2). *Personality & Individual Differences*, 36, 125–140.
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## PRESENTATIONS

I have been presenting for thirty years with invited keynote presentations at conferences, universities and for national health delivery services in multiple countries. However, partly to protect time for writing and partly to reduce my carbon footprint, I have radically reduced this work as of 2018 and no longer list details here.

## TEACHING

My first major teaching rôle was in my SHO post though again I am reducing this work. The following lists teaching work from the last 20 years.

<b>2020</b>	Visiting lecturer, University of Toulouse.
<b>2017 — 2020</b>	Supervision and consultation to PhD students (three) and DCounsPsych students (one): University of Roehampton
<b>2017</b>	HEA fellowship awarded
<b>2015 — 2017</b>	Part-time teaching on Masters in Integrative Psychotherapy and Doctorate in Counselling Psychology, University of Roehampton
<b>2012 — 2015</b>	External examiner, MSc in Psychological Therapies, University of Exeter
<b>2011 — 2015</b>	External examiner, MSc in Group Analysis, Birkbeck College, University of London
<b>2010 — 2015</b>	External examiner, MA in Intercultural Psychoanalytic Psychotherapy, University of East London with the Refugee Therapy Centre
<b>1995 — 2006</b>	Board Member, Guildford M.R.C.Psych. revision course
<b>2002 — 2005</b>	Member General Board, Training Standards Committee, UK Council for Psychotherapy
<b>1998 — 1999</b>	Research tutor, M.Sc. in Forensic Mental Health, St. George's Hosp. Med. School (SGHMS)
<b>1996 — 2003</b>	Research tutor, Prudence Skynner family therapy qualifying course
<b>1993 — 2001</b>	Member, Royal College part II basic sciences exams subcommittee

## OTHER RÔLES AND EXPERIENCE

I have had held rôles and responsibilities which have given me a very wide experience of UK politics, of management and governance in the NHS and in NHS research particularly, and of the third sector and psychotherapy widely. The following lists key work from the last 20 years.

- 2018 —** Advisor to 87percent (<https://www.87percent.co.uk/>) from June 2018. 87percent provide smartphone apps for and services for health promotion and monitoring for major employers aiming to help their workforce improve their mental health.
- 2017 —** Consultation on putting PBE and routine change measurement at the heart of the work of the Institut de Trastorns Alimentaris, a major Spanish mental health provider expanding from Barcelona & eating disorders to Spain and general mental health. Joint link with University of Barcelona.
- 2016 — 2019** Consultation to Metanoia Institute on practice-based evidence (PBE) and change measurement. Metanoia is the largest non-CBT psychotherapy and counselling training organization and service in the UK.
- 2012 — 2022** Member, Editorial Board, Journal of Family Therapy
- 2013 — 2015** Member, Editorial Board, Psychotherapy Research (2013-2015)
- 2012 — 2015** UK member, Society for Psychotherapy Research small grants committee (2012-2015)
- 2012 — 2014** Deputy Chair, Institute of Group Analysis
- 2009 — 2014** Trustee & Board Member, Institute of Group Analysis
- 2010 — 2012** Vice Chair, Council for Psychoanalysis and Jungian Analysis, UKCP
- 2007 — 2012** UKCP delegate for Institute of Group Analysis
- 2009 — 2011** Clinical Director, Psychological Therapies Directorate, Nottinghamshire Healthcare NHS Trust
- 2004 — 2010** Trust Research Governance Lead, Nottinghamshire Healthcare NHS
- 2007 — 2009** Past-President, Society for Psychotherapy Research, UK Chapter
- 2004 — 2007** President, Society for Psychotherapy Research, UK Chapter
- 2000 — 2004** College nominee, "Alderdice group" on statutory registration chaired by Lord Alderdice
- 1998 — 2002** Elected member, Psychotherapy Faculty Executive Committee
- 2002 — 2005** Member, College Parliamentary Liaison subcommittee of Public Policy Committee
- 2000 — 2004** Member, Tavistock & Portman and Camden & Islington Local Research Ethics Committees
- 1996 — 2001** Member, editorial board, Context, newsletter of Association of Family Therapy
- 1998 — 2000** Advisor, D.o.H. High Security Psychiatric Services virtual institute on research on personality disorders

## OTHER ACTIVITIES

I peer review for a number of journals. My publons ID 1206843 shows most of my work in that respect and I also review for various grant awarding bodies. With Professor Barkham and Dr. Margison I am a trustee of CORE System Trust and maintain its web site and translations (<https://www.coresystemtrust.org.uk/>).